

BREAK AWAY SPORTS CENTER - GENERAL RULES SUMMARY

Our complete rules can be obtained at our front desk or on line at www.breakawaysports.com

PLAYER EQUIPMENT: All players **MUST** have the proper color jersey/shirt to participate. **Teams must bring an alternate jersey color to every game in case of conflicting colors. NO EXCEPTIONS!** Goalkeepers must be in a distinguishing color shirt from either team. All players are required to wear shin guards. Due to the close proximity of play, a player shall not participate with the following items: rings with stones and/or exposed edges, dangling ear rings, necklaces that are not secured inside the shirt, metal/dangerous knee braces, non-padded or inadequately padded casts, or other equipment that may be dangerous to another player.

NEW FOOTWEAR REQUIREMENTS: Customer feedback has indicated a strong preference to play with regular indoor shoes. Due to a maintaining turf surface and player safety indoor footwear will be restricted to indoor soccer shoes or gym shoes, as well as traditional turf shoes and molded cleats with the following restrictions: **TURF SHOES;** must be a minimum of 20 studs with a maximum depth of 5/16" (8mm). **CLEATS:** must be made of continuous molded rubber consistent with the sole of the shoe. Each cleat must be round with a maximum cleat depth of 7/16" and minimum diameter of 3/8" at the tip of cleat. Any questions must be directed directly to Break Away Sports manager for approval.

LENGTH OF GAME: All games are played with running time. U10 & above; 2 x 25min. U8; 4 x 10min. THERE WILL BE NO GRACE PERIOD!

NUMBER OF PLAYERS: Proper number of players with one designated by color as the team goalie: U8 & U10 (4+goalies), U12 (6+goalies), U14 & older (5+goalies). Break Away has a "5-8" rule for all. If a team is behind by 5 or more goals they may add an additional player. This occurs again at an 8 goal deficit.

OUT OF PLAY & RESTARTS: The ball starts at the center spot to start the game, half, or after a goal has been scored. The ball may be put into play in any direction - indirect kick. **The opponent shall put the ball back into play;** **Side Kickin** - From the side **6 ft. off the wall** nearest to where the ball went out (Indirect kick), **Corner Kick**. From the corner marking (Direct kick), **Goal Kick** (Indirect kick).

SUBSTITUTIONS: Substitutions may occur: On an unlimited basis and "on the fly" from their own team doors, provided that the player leaving the field and the player entering the field do not participate or create an advantage while they are simultaneously on the surface. The players leaving the field are obliged to do so as quickly as possible and at their assigned bench doors. Infringement - Indirect

THREE LINE VIOLATION: The ball shall not travel forward across three white lines unless it has touched a player, or wall prior to the third white line, or played directly from the goalies hands.

GOALKEEPERS : A goalkeeper has possession any time he/she has a part of his/her body covering the ball unless he/she is using his/her feet as a field player. Once in possession of the ball the goalie has 6 seconds to release the ball into play. The goalie is not allowed to punt the ball. A goalkeeper can not handle a ball in his/her penalty area that was intentionally played toward the goalie unless; it was played from team-mates non foot or when the ball was last touched by an opposing player. Infringement - Indirect

FREE-KICK & FREE-KICK RESTARTS: The opposing team must **IMMEDIATELY** and automatically be 12 feet (4 yards) from any restart. Free kicks **MUST** be put back into play within 6 seconds.

FOULS & MISCONDUCTS: DIRECT & INDIRECT free kick awarded as described in FIFA (U8 indirect free kicks only). **INDIRECT free kick** also include slide tackles or slides at an opponent, two hands on the wall in a dangerous manner, or a player that is playing out of control for the situation. Contact from behind, hand checking, sliding, and checking someone into wall (even if it is the result of a legal shoulder charge) will be called very closely. In addition, an opponent shall not "**post-up**" or **set a screen so tight to the opposing goalie** that it obstructs, impedes or infringes on the goalie from positioning him/herself for a play for the ball. ****Any flagrant or continual infringements of the above laws by player or team may result in a 2 MINUTE rest (Blue Card) penalty against the offending player/team. DISSENT Verbal or action; Any player or team participating in dissent, verbal or non verbal (ie. through gestures) to an official, opponent or staff (such as, but not limited to; questioning calls, and/or objection to call) most likely will lead to Player Rest, Penalty and/or ejection. **FIGHTING, INSTIGATING, ATTEMPTING TO INSTIGATE A FIGHT and/or TRASH TALKING WILL NOT BE TOLERATED.** Players or teams participating in such violence, WHETHER STARTING THE ALTERCATION OR NOT, MAY BE REMOVED FROM ANY FURTHER PARTICIPATION. **The following progression is a guideline for an official to use. Player rest:** This is used to indicate to a player or team that this kind of play is inappropriate. It allows a player the chance to evaluate their play, calm themselves or the coach a chance to discuss the inappropriate play with the player at fault. **Minor Penalty (Blue Card);** if issued, shall result in a TWO (2) MINUTE time penalty to be served by the offending player(s). A team shall remain short handed during the remainder of the penalty or until a goal has been scored. **Ejection (Red Card); shall be applied** to a player or coach for players who display behavior that are inappropriate such as but not limit to persistence in fouls dissent and/or aggressive behavior (see player/coach suspension).**

IMPORTANT! PLAYER/TEAM SUSPENSIONS : BREAK AWAY SPORTS CENTER, INC. HAS A ZERO TOLERANCE FOR FIGHTING, VIOLENT OR OTHER INAPPROPRIATE BEHAVIOR! Any PLAYER or COACH red carded **MUST LEAVE THE PLAYERS BENCH AREA IMMEDIATELY** before the game will restart. Players or coaches receiving a red card or ejected before, during or after a game are **automatically suspended for one week** of play including any other team that they may be playing with or coaching. A players/coach who is serving a suspension is not permitted to participate or coach ANY TEAM for the duration of the suspension! Break Away Sports Center, Inc. reserves the right to dismiss any disruptive people from the facility and refuse to allow such person(s) from entering our facility