



A quick summary of the essential advantages of Indoor Turf Soccer over Futsal

- More touches and much more “ball-in-play” time
- More realistic speed of play decisions
- Develops “Head’s up” tactics
- Develops proper attacking skills and decision-making – mimics the outdoor game

Think critically about where you play and train during the winter months

Nobody on the field benefits when the ball is out of play for over ½ the clock time.
Futsal has actual less playing time

More “dilly-dallying” with the ball is not good tactical soccer. It may look fancier,
but it is not helping your team be more successful

“Head-down” dribbling and close-space passing hurts development of outdoor
soccer players – you need to be able to look up field and make the forward pass ,
see the whole field and develop full field vision – it’s not just about the foot skills